

## January: New Beginnings and Inspiration

- 1- **The Alchemist by Paulo Coelho** – A journey of self-discovery and dreams.
- 2- **Atomic Habits by James Clear** – Build habits for a transformative year.
- 3- **Deep Work by Cal Newport** – Cultivate focus in a distracted world.
- 4- **Sapiens: A Brief History of Humankind by Yuval Noah Harari** – Explore humanity's journey.
- 5- **The Mountain Is You by Brianna Wiest** – Transform self-sabotage into self-mastery.
- 6- **The Presence Process by Michael Brown** – A journey to emotional and spiritual healing.
- 7- **The Laws of Human Nature by Robert Greene** – Master human behavior.
- 8- **The Hidden Messages in Water by Masaru Emoto** – Discover the impact of thoughts on water.
- 9- **Back to a Future for Mankind by Ibrahim Karim** – Explore energy sciences and solutions.
- 10- **Man's Search for Meaning by Viktor E. Frankl** – Finding purpose in adversity.
- 11- **The Four Agreements by Don Miguel Ruiz** – A guide to freedom and self-love.
- 12- **Ikigai: The Japanese Secret to a Long and Happy Life by Héctor García and Francesc Miralles** – Discover the key to a meaningful life.



## February: Love, Relationships, and Emotional Growth

**1- The Five Love Languages** by Gary Chapman – Strengthen your relationships.

**2- You Can Heal Your Life** by Louise Hay – Transform your life through positive thinking and self-love.

**3- The Art of Seduction** by Robert Greene – Understanding influence and attraction.

**4- Attached** by Amir Levine and Rachel Heller – Navigate attachment styles in relationships.

**5- The Mastery of Love** by Don Miguel Ruiz – A spiritual perspective on love and healing.

**6- Big Magic** by Elizabeth Gilbert – Embrace creativity without fear.

**7- The Road Less Traveled** by M. Scott Peck – A guide to spiritual and emotional growth.

**8- Conversations on Love** by Natasha Lunn – Insights on the many facets of love and connection.

**9- Radical Acceptance** by Tara Brach – Embrace your true self and deepen compassion.

**10- Hold Me Tight** by Dr. Sue Johnson – Learn the science behind lasting love.

**11- Emotional Intelligence 2.0** by Travis Bradberry – Develop emotional intelligence for stronger relationships.

**12- Mindful Loving** by Henry Grayson – Cultivate mindful practices to deepen intimacy and connection.

## March: Energy, Rebirth, and Growth

**1- The Energy Codes** by Dr. Sue Morter – Unlock the energy within you to heal and transform.

**2- Your Soul's Plan** by Robert Schwartz – Discover the deeper meaning behind life's challenges.

**3- Awakening the Heroes Within** by Carol S. Pearson – Rebirth through archetypes and personal myth.

**4- Sacred Woman** by Queen Afua – Reconnect with feminine energy for renewal and healing.

**5- Womb Awakening** by Azra Bertrand and Seren Bertrand – Explore energy and rebirth from ancient feminine wisdom.

**6- Be Here Now** by Ram Dass – Embrace the present moment as a path to growth.

**7- Cleanse to Heal** by Anthony William – Renew energy through healing and detoxification.

**8- Rewilding Our Hearts** by Marc Bekoff – Revitalize your connection to nature for spiritual growth.

**9- The Path Made Clear** by Oprah Winfrey – Steps to discovering your purpose and growth.

**10- Breaking the Habit of Being Yourself** by Dr. Joe Dispenza – Transform your energy and mindset for renewal.

**11- Life Visioning** by Michael Bernard Beckwith – Realize your potential through spiritual awakening.

**12- Conscious Living** by Gay Hendricks – Rebirth through mindfulness and authentic living.

## April: Renewal, Blooming, and Metaphysical Sciences

**1- Astrology For Dummies** by Rae Orion – A practical guide to understanding astrological influences and personal renewal.

**2- Sacred Geometry: Philosophy and Practice** by Robert Lawlor – Explore the foundational patterns of creation and their metaphysical significance.

**3- The Hidden Messages in Water** by Masaru Emoto – Understand the transformative power of water and its connection to renewal.

**4- The Book of Five Rings** by Miyamoto Musashi – A timeless reflection on harmony and balance through the elements.

**5- Energy Medicine** by Donna Eden – Learn how to balance and revitalize your body's energy systems.

**6- Journey of Souls** by Michael Newton – Explore spiritual renewal through insights on the afterlife.

**7- The Energy Codes** by Dr. Sue Morter – Transform your life by understanding and aligning your energetic systems.

**8- The Body Keeps the Score** by Bessel van der Kolk – Renew and heal by understanding how the body processes trauma.

**9- Signs: The Secret Language of the Universe** by Laura Lynne Jackson – Discover messages from unseen forces guiding your path.

**10- Healing with the Arts** by Michael Samuels and Mary Rockwood Lane – Bloom creatively by using art as a healing tool.

**11- Frequency: The Power of Personal Vibration** by Penney Peirce – Align your vibrations to foster renewal and transformation.

**12- Awakening the Heroes Within** by Carol S. Pearson – Use archetypes to explore personal rebirth and blooming into your full potential.

## May: Fertility and Creativity

**1- Reality Transurfing: Steps I-V** by Vadim Zeland – A best-seller that teaches you to shape your reality by harnessing your creativity and imagination.

**2- The Creative Act: A Way of Being** by Rick Rubin – A profound exploration of creativity as a spiritual and artistic practice.

**3- Atomic Habits** by James Clear – A global best-seller on how small changes can lead to big creative breakthroughs.

**4- The War of Art** by Steven Pressfield – A timeless guide to overcoming resistance and unlocking creativity.

**5- Think and Grow Rich** by Napoleon Hill – A best-selling classic that emphasizes the creative power of the mind to achieve success.

**6- The Creative Curve: How to Develop the Right Idea at the Right Time** by Allen Gannett – A fresh perspective on how creativity works and how to harness it.

**7- The Four-Hour Workweek** by Tim Ferriss – A best-seller offering insights into creative ways to design the life you want.

**8- The Art of Possibility** by Rosamund Stone Zander and Benjamin Zander – A guide to shifting perspectives and unlocking creativity in all areas of life.

**9- How to Fly (In Ten Thousand Easy Lessons)** by Barbara Kingsolver – A poetic best-seller celebrating creativity and self-expression.

**10- The Soul of a New Machine** by Tracy Kidder – A Pulitzer Prize-winning narrative on creative innovation in technology.

**11- The Design of Everyday Things** by Don Norman – A best-selling exploration of the creativity behind good design.

**12- Start Something That Matters** by Blake Mycoskie – A best-seller about using creativity to create meaningful change in the world.

## June: Light and Joy

**1-The Book of Joy: Lasting Happiness in a Changing World** by Dalai Lama and Desmond Tutu – A best-seller that explores how to find enduring joy despite life's challenges.

**2- The Happiness Advantage: How a Positive Brain Fuels Success in Work and Life** by Shawn Achor – Discover how cultivating positivity leads to success and happiness.

**3- The Art of Happiness** by Dalai Lama and Howard Cutler – A classic guide on how to cultivate happiness in everyday life.

**4- 10% Happier** by Dan Harris – A best-selling memoir about finding joy through mindfulness and meditation.

**5- Inner Engineering: A Yogi's Guide to Joy** by Sadhguru – A spiritual and practical guide to cultivating joy from within.

**6- Joyful: The Surprising Power of Ordinary Things to Create Extraordinary Happiness** by Ingrid Fetell Lee – How our environment can spark joy and positivity.

**7- The Light We Carry: Overcoming in Uncertain Times** by Michelle Obama – A best-seller that inspires resilience and finding your inner light.

**8- Daring Greatly** by Brené Brown – Explore how vulnerability can lead to deeper connections and more joyful living.

**9- The Power of Positive Thinking** by Norman Vincent Peale – A timeless classic on cultivating positivity and inner light.

**10- Happiness Is the Way** by Dr. Wayne W. Dyer – A guide to finding happiness through self-awareness and positive action.

**11- Awaken Joy: 10 Steps That Will Put You on the Road to Real Happiness** by James Baraz – Practical steps to cultivate lasting happiness.

**12- The Gratitude Diaries: How a Year Looking on the Bright Side Can Transform Your Life** by Janice Kaplan – A best-selling journey into how gratitude leads to greater joy.

## July: Freedom and Self-Confidence

**1- The 48 Laws of Power** by Robert Greene – A best-seller on mastering personal independence and building inner strength.

**2- The Gifts of Imperfection** by Brené Brown – Learn to embrace your true self and develop self-confidence.

**3- Untamed** by Glennon Doyle – A powerful memoir about finding freedom and trusting your instincts.

**4- You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life** by Jen Sincero – A bold guide to self-confidence and personal freedom.

**5- Radical Acceptance: Embracing Your Life With the Heart of a Buddha** by Tara Brach – A journey toward inner freedom and self-compassion.

**6- Personal Branding for Dummies** by Susan Chritton – A comprehensive guide to building a strong, authentic personal brand.

**7- Can't Hurt Me: Master Your Mind and Defy the Odds** by David Goggins – A best-seller about breaking limits and building unshakable confidence.

**8- The Four-Hour Workweek** by Tim Ferriss – A guide to designing a life of freedom and autonomy.

**9- The Confidence Code: The Science and Art of Self-Assurance** by Katty Kay and Claire Shipman – A practical approach to building genuine confidence.

**10- The War of Art** by Steven Pressfield – Overcome inner resistance and embrace creative freedom.

**11- The Courage to Be Disliked** by Ichiro Kishimi and Fumitake Koga – A refreshing take on achieving personal freedom and confidence.

**12- Freedom Is an Inside Job: Owning Our Darkness and Our Light to Heal Ourselves and the World** by Zainab Salbi – A memoir and guide to finding true freedom through self-awareness.

## August: Harvest and Abundance

**1- The Magic** by Rhonda Byrne – A transformative guide to cultivating gratitude and manifesting abundance.

**2-Rich Dad Poor Dad** by Robert T. Kiyosaki – A best-seller on building financial literacy and creating wealth.

**3- The Intelligent Investor** by Benjamin Graham – A foundational book on value investing, featuring commentary by Warren Buffett.

**4- Tap Dancing to Work: Warren Buffett on Practically Everything** by Carol Loomis – Insights into Warren Buffett's approach to wealth, abundance, and success.

**5- Smart Women Finish Rich** by David Bach – A guide to achieving financial independence and abundance for women.

**6- The Science of Getting Rich** by Wallace D. Wattles – A timeless classic on the principles of abundance and wealth creation.

**7- You Are a Badass at Making Money** by Jen Sincero – A motivational guide to transforming your mindset around money and abundance.

**8- Abundance: The Future Is Better Than You Think** by Peter H. Diamandis and Steven Kotler – A forward-looking perspective on the abundance of resources and possibilities.

**9- The Soul of Money: Transforming Your Relationship with Money and Life** by Lynne Twist – A profound take on gratitude, purpose, and abundance.

**10- The Energy of Money** by Maria Nemeth – Learn to channel your energy to achieve financial goals and personal success.

**11- The Millionaire Next Door** by Thomas J. Stanley and William D. Danko – Insights into achieving wealth through discipline and practical habits.

**12- Think and Grow Rich** by Napoleon Hill – A perennial best-seller on how mindset and action can lead to success and abundance.



## September: Transition and Balance

**1- The Power of Transitions: Creating Opportunity in Life's Changes** by Dennis T. Jaffe – A guide to navigating life's transitions with purpose and balance.

**2- When Everything Changes, Change Everything** by Neale Donald Walsch – A practical approach to embracing life's inevitable transitions.

**3- Designing Your Life: How to Build a Well-Lived, Joyful Life** by Bill Burnett and Dave Evans – A best-seller on creating balance and direction during life's shifts.

**4- Finding Your Own North Star: Claiming the Life You Were Meant to Live** by Martha Beck – Discover your path and maintain balance through change.

**5- Boundaries: When to Say Yes, How to Say No to Take Control of Your Life** by Dr. Henry Cloud and Dr. John Townsend – Essential tools for maintaining balance and harmony.

**6- Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao** by Dr. Wayne W. Dyer – A profound reflection on adapting to change.

**7- The Shift: Taking Your Life from Ambition to Meaning** by Dr. Wayne W. Dyer – A guide to transitioning into a more balanced, purposeful life.

**8- Flourish: A Visionary New Understanding of Happiness and Well-Being** by Martin E.P. Seligman – A practical guide to creating balance and thriving in transitions.

**9- Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead** by Brené Brown – Harness the power of resilience during life's transitions.

**10- Pivot: The Only Move That Matters Is Your Next One** by Jenny Blake – A strategic guide to navigating career and life transitions.

**11- The Way of Transition: Embracing Life's Most Difficult Moments** by William Bridges – Insights into finding meaning and balance during major life changes.

**12- Radical Acceptance: Embracing Your Life with the Heart of a Buddha** by Tara Brach – A transformative guide to accepting and thriving through change.

## October: Transformation and Reflection

**1- Breaking the Habit of Being Yourself** by Dr. Joe Dispenza – Transform your thoughts to create a new reality.

**2- The Seat of the Soul** by Gary Zukav – A best-seller exploring spiritual growth and transformation.

**3- Becoming Supernatural: How Common People Are Doing the Uncommon** by Dr. Joe Dispenza – A guide to tapping into higher consciousness for personal transformation.

**4- How to Win Friends and Influence People** by Dale Carnegie – A timeless guide to effective communication and relationship-building.

**5- Falling Upward: A Spirituality for the Two Halves of Life** by Richard Rohr – A reflective guide on spiritual transformation in life's second half.

**6- The Untethered Soul: The Journey Beyond Yourself** by Michael A. Singer – A deep dive into overcoming limitations and embracing change.

**7- The Dark Night of the Soul** by Gerald G. May – An exploration of spiritual transformation during challenging times.

**8- Inner Work: Using Dreams and Active Imagination for Personal Growth** by Robert A. Johnson – Tools for introspection and self-discovery.

**9- Living Beautifully: With Uncertainty and Change** by Pema Chödrön – Learn how to embrace transformation in times of uncertainty.

**10- Light Is the New Black** by Rebecca Campbell – A transformative guide to discovering and living your soul's purpose.

**12- Radical Acceptance** by Tara Brach – A transformative approach to self-compassion and embracing change.

**13- The Shift: Taking Your Life from Ambition to Meaning** by Dr. Wayne W. Dyer – A guide to transitioning into a more balanced and purposeful life.

## November: Gratitude and Letting Go

**1- The Power of Letting Go: How to Drop Everything That's Holding You Back** by John Purkiss – A practical guide to releasing emotional and mental barriers.

**2- The Essential Rumi translated** by Coleman Barks – A collection of Rumi's poetry focusing on love, gratitude, and surrender.

**3- The Book of Secrets: 112 Meditations to Discover the Mystery Within** by Osho – Insights on letting go of the past and embracing your inner self.

**4- The Seven Spiritual Laws of Success: A Practical Guide to the Fulfillment of Your Dreams** by Deepak Chopra – A transformative guide to living in harmony with spiritual principles.

**5- Grateful: The Transformative Power of Giving Thanks** by Diana Butler Bass – A profound exploration of gratitude as a spiritual and life-changing practice.

**6- Things That Matter: Overcoming Distraction to Pursue a More Meaningful Life** by Joshua Becker – Focus on what truly matters by letting go of unnecessary distractions.

**7- What I Know for Sure** by Oprah Winfrey – A reflection on gratitude and the life lessons that shape personal growth.

**8- Soul of the Rumi: A New Collection of Ecstatic Poems** by Coleman Barks – A deeper dive into Rumi's works on gratitude, transformation, and divine love.

**9- The Art of Discarding: How to Get Rid of Clutter and Find Joy** by Nagisa Tatsumi – Learn the art of releasing possessions and emotional burdens.

**10- Life After Death: The Burden of Proof** by Deepak Chopra – Explore the mysteries of life, death, and transformation through spiritual reflection.

**11- Courage: The Joy of Living Dangerously** by Osho – A guide to letting go of fear and embracing life with gratitude and courage.

**12- Awakening Gratitude: A Guide to Discovering Joy Through Thankfulness** by Angeles Arrien – Insights into cultivating gratitude for a richer life experience.

## December: Reflection and New Beginnings

**1- As a Man Thinketh** by James Allen – A foundational book on the power of thoughts to shape your reality.

**2- The Greatest Salesman in the World** by Og Mandino – A timeless parable about personal growth and achieving greatness.

**3- The Power of Awareness** by Neville Goddard – A classic on manifesting your desires through the power of consciousness.

**4- The Magic of Believing** by Claude M. Bristol – Harness the power of belief to achieve your goals.

**5- Who Moved My Cheese?** by Spencer Johnson – A best-seller on embracing change and finding opportunities in life's transitions.

**6- The Richest Man in Babylon** by George S. Clason – Timeless lessons on wealth, gratitude, and preparation for the future.

**7- Psycho-Cybernetics** by Maxwell Maltz – A groundbreaking book on self-image and achieving success.

**8- The Slight Edge** by Jeff Olson – A practical guide to making small, consistent changes for big results.

**9- A New Earth: Awakening to Your Life's Purpose** by Eckhart Tolle – A reflective guide to transforming your life and preparing for new beginnings.

**10- Success Through a Positive Mental Attitude** by Napoleon Hill and W. Clement Stone – Classic principles for cultivating success and optimism.

**11- The Monk Who Sold His Ferrari** by Robin Sharma – A fable about finding balance, purpose, and success.

**12- Your Erroneous Zones** by Dr. Wayne W. Dyer – A practical guide to overcoming self-defeating habits and preparing for a better future.